

PICTORIAL CARE PATHWAY FOR PEOPLE WITH MRSA

IDENTIFYING MRSA



MRSA has been identified from swabs taken from your nose or skin.



Source Isolation/Blood Precautions
Visitors must report to the Nurses' Station
BEFORE entering a patient's room

You may be cared for in a single room.

Further swabs will be taken during your stay to establish if the MRSA has gone.



TREATING



If you are a skin carrier you will be advised to bathe or shower for 5 days using an antiseptic wash. Hair should be washed twice in this period with the same solution.

To treat MRSA in your nose a nasal ointment will be applied 3 times a day for 5 days.



You may be given antibiotics either orally or through a drip.

REDUCING THE SPREAD OF GERMS



Clean hands can reduce the spread of germs. Use the hand rub solution at your bedside. Rub into hands as you would when normal hand washing. There is no need to rinse off with water.

The doctors and nurses will be available to answer questions. A leaflet about MRSA is also available.



VISITORS



Visitors should wash their hands or use the available hand rub on entering your room and before leaving.



Please ask visitors not to sit on your bed.



Keep your belongings to a minimum. This makes general cleaning easier.

DISCHARGE HOME

You may be asked to continue with treatment at home.



This Pathway has been developed to give you a guideline of what to expect during your hospital stay. Variations may occur based on your individual situation.